

S.H.A.P.E. PROFILE

Spiritual Gifts

The first key factor to discovering your S.H.A.P.E. is to unwrap your spiritual gifts. Review the list of spiritual gifts below, taken from 1 Corinthians 12, Ephesians 4, and Romans 12. As you read through the list, place a check next to any definitions that describe you or which describe gifts you *think* you may have. You may have more than one gift, and every Christian has at least one. NOTE: Some churches define these gifts differently.

- Administration:** The ability to organize and manage people, resources, and time.
- Apostle:** The ability to sense and seize opportunities to start new churches and oversee their development.
- Discernment:** The ability to distinguish between the spirit of truth and the spirit of error.
- Encouragement:** The ability to strengthen people in their faith and motivate them to action.
- Evangelism:** The ability to preach the gospel in such a way that hearers respond with repentance unto salvation.
- Faith:** The ability to trust and obey God regardless of circumstances, appearances, or risks.
- Giving:** The ability to contribute generously and sacrificially to people in need and to support God's work.
- Healing;** The ability to minister the healing power of Jesus Christ to people who are physically, emotionally, psychologically, or spiritually broken.
- Hospitality:** The ability to make people feel welcomed and to foster biblical fellowship.
- Leadership:** The ability to communicate vision and to motivate others to accomplish a goal.
- Mercy:** The ability to express compassionate, practical, loving actions toward suffering people.
- Miracles:** The ability to be used by God to perform powerful acts that glorify God and affirm the truth and power of God's Word.
- Pastoring:** The ability to foster spiritual growth in believers and to equip them for ministry.
- Preaching/Prophecy:** The ability to declare publicly and persuasively the will of God through the Word of God.
- Service:** The ability to recognize and meet needs cheerfully and practically by the caring use of some skill.
- Teaching:** The ability to explain and apply biblical truth and to train others for ministry.
- Tongues:** The ability to pray in a language that is understood only by God or by one who is given the gift of interpretation at that time.
- Wisdom:** The ability to understand God's perspective on life situations and communicate these insights simply and clearly.

Spiritual gifts are best discovered as you experiment in various areas of ministry, examine your feelings, and receive confirmation from others. But based on the definitions above, do you have a sense of what your spiritual gifts *might* be? List them here:

1. _____.
2. _____.
3. _____.

Heart

The second key factor in discovering your S.H.A.P.E. is to listen to your heart. Your heart tells you what you are passionate about, and your passions are clues as to where you should be serving. For example, some people are passionate about working with children or senior adults. Others are more attracted to a certain task, such as preparing financial reports or construction. Still others desire to address a cause, such as poverty or hunger in an inner city or third world country.

What are you passionate about?

1. A role (what you would like to do):

2. A people group (whom you like to help):

3. A cause (what you would like to see changed or supported):

How can you use your God-given passions and interests to serve others effectively?

Abilities

The third key to discovering your S.H.A.P.E. is applying your abilities. Here are just a few God-given abilities. See if you can find any of yours in this list. Feel free to add more to the blanks.

Conversing	Writing	Artistic ability	Architecture	Engineering
Mathematics	Baking	Coaching	Administration	Technology
Gardening	Athletics	Inventing	Carpentry	Brain-storming
Sculpting	Selling	Public-speaking	Tailoring	Debating
Recruiting	Organizing	Motivating	Making music	Typing
Fixing things	Hosting	Problem-solving	Animal care	Listening
Teaching	Acting	Making money	Graphic design	Cooking
Mechanics	Negotiating	Decorating	Linguistics	Videography
_____	_____	_____	_____	_____
Other	Other	Other	Other	Other

God matches your ministry with your capabilities. How might God use your abilities for ministry?

Personality

The fourth key factor in discovering your S.H.A.P.E. is your personality or temperament. Your personality will affect *how* and *where* you use your spiritual gifts and abilities. Here are a few God-given personality traits.

1. 2. 3. 4.5
 Introvert Extrovert
 (I gain energy from quiet reflection) (I gain energy from interaction)

1. 2. 3. 4.5
 Prefer routine Prefer variety
 (I like to do one project at a time) (I like to do several projects at once)

1. 2. 3. 4.5
 Thinker Feeler
 (I analyze before deciding) (I go with my gut instinct)

1. 2. 3. 4.5
 Work alone Team player
 (I prefer individual assignments) I prefer working with a group)

1. 2. 3. 4.5
 Structured Unstructured
 (I read instructions before starting a task) (I start a task and read instructions only in an emergency)

How can these personality traits help you discover your area of service?

Experiences

The fifth key factor in discovering your S.H.A.P.E. is your experiences—enjoyable and difficult.

- Family experiences:** What did you learn growing up as part of your family?
- Educational experiences:** What were your favorite subjects in school?
- Vocational experiences:** What jobs have you been most effective in and enjoyed most?
- Spiritual experiences:** What have been your most meaningful times with God?
- Ministry experiences:** How have you served God in the past?

What lessons have you learned through your life experiences that can direct you to your area of ministry?

How might God use the painful experiences in your life to lead you to your ministry?

Summary

Now that you have completed your S.H.A.P.E. Profile, consider these next two questions:

1. One of the best places to start serving in ministry is in your small group. How can you use your S.H.A.P.E. to serve your group?
2. How can you use your S.H.A.P.E. to serve the church? If questions remain or you are not certain as to someone to contact for additional help in serving, please contact the church office at: info@sungrove.org.