

Faithful Instructions

Pray Continually

1 Thessalonians 5:16-18 *Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.*

1. Pray continually. Does this mean I spend **24/7** on my knees?
2. We are to be **MINDFUL** of Christ. We can talk to Him anytime.
3. The word "continually" does not refer to uninterrupted prayer, but constantly **RECURRING** prayer.
4. As you go about your day, prayer is **INVITING** God's power and presence into all your activity with a desire to do His will.

5. The command "rejoice always" goes hand in hand with "pray continually" and "give thanks." It's the **TRIPLE THREAT** to all that threatens your psychological well-being.

6. Prayer **WORKS**. The only thing that stops it is people who fail to **PRACTICE** it.

7. Pray through until there's a **BREAKTHROUGH**.

8. What will prayer do in my life? It will influence my behavior, change my attitude and **EMPOWER** all that concerns me.