



SUN GROVE CHURCH

LAW OF CONTINUANCE – ELIJAH

1. ANTICIPATE THE LOWS AFTER THE HIGHS.
2. TAKE CARE OF THE BASICS: FOOD, EXERCISE & REST.
3. BEWARE OF THE PITY PARTY.
4. YOU NEED COMMUNITY, NOT ISOLATION ON THE DOWN DAYS.
5. FIND GOD'S PRESENCE IN THE WORD, NOT THE DRAMATIC CIRCUMSTANCE.
6. GOD WORKS THE LAW OF CONTINUANCE BY BUILDING A TEAM AROUND YOU.