



SUN GROVE CHURCH

NAVIGATING THE TENSION

(Mark 9)

I. There are many additional areas that support our faith.

II. Jesus responds to doubt with compassion and authority

A. With the tension between faith and doubt, the most important word is "AND."

B. "Doubts are ants in the pants of faith; they keep it awake and moving."

C. Christ-followers can feel doubt, but then choose to trust God.

III. How do we thrive in this tension?

A. Trust Jesus with our doubts.

- o Prayer is medicine for unbelief.
- o When belief and unbelief collide, let's turn to the one our belief comes from.

B. Trust mature Christ-followers with our doubts.

- o Doubt by itself isn't always the enemy to faith, but unexpressed doubt is.
- o Talk to someone safe.
- o We are most vulnerable when we are alone.

Let us grasp moments of doubt as a purifying fire that drive us to deeper faith!